





SCYSL Set-Up Instructions for Rebounder Flat Goals



- Only Adults and U14 kids and older are allowed to carry and set-up goals.
- Please do not drag the goals.
- Remember to lock the goals back-up when you are done and help the league take care of the equipment.

<p>Step 1</p>	<p>Double-check to ensure all the buttons are securely set in the goal post poles</p>	
<p>Step 2</p>	<p>Insert one post into the ground and ensure the goal is securely anchored into the ground. Make sure that base is all the way into the ground.</p>	
<p>Step 3</p>	<p>While setting-up the second post, make sure you pull and stretch the goal and net tightly before you secure the second post into the ground. This will create more stability and tighten the net.</p>	